



## **Rosacea & Sensitive Skin Advanced Calming System Home Care Regimen For Normal to Oily Skin**

### **AM Compliance**

- Step 1:** Cleanse with **Ultra Gentle Enzyme Cleanser**.
- Step 2:** Hydrate, calm, and soothe with **Advanced Calming Serum**.
- Step 3:** Nourish, protect, and replace moisture in your skin with **Retexure Crème**.
- Step 4:** Protect with **Ultra Protection SPF 30**.
- Step 5:** Total Eye Care. Apply **Eye Youth** around the delicate eye tissue.
- Step 6:** (Optional) Apply makeup.

### **PM Compliance**

- Step 1:** Cleanse with **Ultra Gentle Enzyme Cleanser**.
- Step 2:** Exfoliate, calm, and hydrate. Use **Double Enzyme Masque** to exfoliate and soften your skin. Rotate with **Purifying & Calming Masque** to calm your skin and reduce redness. Use one or both at least once a week.
- Step 3:** Stimulate with **Collagen-C Young Skin Complex**.
- Step 4:** Nourish, protect, and replace moisture in your skin with **Retexure Crème**.
- Step 5:** Total Eye Care. Apply **Eye Youth** around the delicate eye tissue.

**Note:** Not all of the products listed in these steps are included in this system. While this system contains amazing products that will achieve dramatic Visual Changes® in your skin, the additional products mentioned in the above steps will help produce even more dramatic results. Additionally, your doctor may recommend a prescription to use in conjunction with this Home Care Compliance Program.

**If you have any questions, please call your skin care specialist:** \_\_\_\_\_